The creation of the Spanish-speaking Alliance for Perinatal and Family Mental Health CONECTA PERINATAL was fostered by ASMI / WAIMH Spain in June 2020, with Pascual Palau Subiela responsible for the initiative and its coordination. It takes part in the dynamics of the Global Alliance for Maternal Mental Health (https://globalalliancematernalmentalhealth.org/) to which it has belonged as a member since August 2020, and in close collaboration with the Francophone Alliance for Perinatal Mental Health (https://alliance-psyperinat.org), the Maternal Mental Health Alliance (https://maternalmentalhealthalliance.org) and the Canadian Alliance.

This network aims to integrate scientific and social institutions from Spain and other Spanish-speaking countries, as well as European and international institutions willing to support it in the effort to achieve excellent, coordinated health and social care, looking after the perinatal mental health of mothers, fathers and babies.

CONECTA PERINATAL aims to bring together the largest possible number of Spanish-speaking national and international groups of users, scientific bodies and non-profit public and private associations, federations and confederations, in order to continuously foster true prioritisation of public policies related to the perinatal period and in particular its psychic aspects.

It is not intended to be just another scientific society, nor an association, nor a federation. Rather, it aims to facilitate connections and alliances between institutions and users, since future babies and parents deserve solid information about the psiperinatal resources available in their region and about their national and international rights to help take care of their important maternal and paternal role as of the time of periconception, through pregnancy and post-partum, and into their children's early years.

CONECTA PERINATAL aims to promote the development of adapted, sustained care for families, strengthening awareness and ties among all professionals giving care in that period, by facilitating interdisciplinary, inter-institutional ties.

The work in the coalition of organisations and specialists to improve perinatal mental health care for all the women, their partners and families in Spain and Latin America enables them to speak with a single voice in solidarity and to campaign in favour of women who are experiencing perinatal mental illness or emotional distress, so that they can get the care that they and their families need, where and when they need it.

Thus, working collectively to maximise all of our combined resources through a connected network that helps maintain communication and forge an alliance, we are able to take advantage of our organisational, personal and professional experience, energy and passion to bring about change to benefit women, men and families.

This also helps increase international knowledge, awareness and action in favour of maternal mental health and its fundamental role in children's development, while raising awareness about the high human and economic costs of a lack of specialised perinatal mental health care when necessary, while putting forward evidence-based solutions.

We intend to advocate for all Spanish-speaking countries to develop nationwide policies on maternal mental health, invest in evidence-based services and programmes, as well as to do research into the causes, prevention, impact and treatment of perinatal mental illness, ensuring that the voice of women is central, since it is they who have suffered from maternal mental health problems.

interdisciplinariedad

2026

psiperinatalidad

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CONECTA PERINATAL

SPANISH-SPEAKING ALLIANCE FOR PERINATAL AND FAMILY MENTAL HEALTH

The creation of the SPANISH-SPEAKING ALLIANCE FOR PERINATAL AND FAMILY MENTAL HEALTH "CONECTA PERINATAL" was promoted by **ASMI / WAIMH Spain** in June 2020 (www.asmi.es)

Designed by PABLO PALAU | KEBOAGENCY.COM

CONECTA PERINATAL

SPANISH-SPEAKING ALLIANCE FOR PERINATAL AND FAMILY MENTAL HEALTH

PRINCIPLES THAT INSPIRE THE ALLIANCE

- International, non-profit exchange of knowledge and resources among mainly Spanish-speaking institutions and regions.
- Solidarity.
- Transparency.

PURPOSE

The work in coalition of the organisations and specialists involved is intended to improve the perinatal mental health care of mothers, fathers, foetuses, babies, children and families as of pre-conception. Its geographical scope mainly covers the regions of Spain, Hispanic America and Europe that require alliances to increase their specialist knowledge and resources by solidarity-based accompaniment in a network. Its main aim is for all countries to carry out national policies for perinatal and mental health and for the family in order to achieve coordinated, excellent health and social care to look after mental perinatal and family health.



EARLY ALLIANCES

Asociación Argentina de Psicología Perinatal ASAPP (Argentina)
Asociación Bienestar y Desarrollo (ABD)
Asociación Civil Materna, Salud Mental Perinatal (Argentina
Asociación Española de Psicología Perinatal AEPP (España)
Asociación Española de Psicología Clínica y Psicopatología AEPCP (España)
Asociación Española de Neuropsiquiatría - Profesionales de la salud mental AEN-PSM (España)
Asociación para la defensa del menor APRODEME (España)
Associació de Prematurs de Catalunya "Som Prematurs" (España)
Asociación Dominicana de Psicología Perinatal ADPP (República Dominicana)
Asociación para la Salud Mental Infantil desde la Gestación, ASMI WAIMH-ESPAÑA (España)
Asociación APSA (España)
Associació de Comares de la Comunitat Valenciana ACCV (España)
Asociación Latinoamericana de Seguimiento Pediátrico y Neonatal ALSEPNEO (Latinoamérica y Caribe)
Asociación Nacional de Educación Prenatal. ANEP (España)
Asociación Nuevo Futuro Sirio (España)
Asociación Mexicana de Salud Mental Perinatal (México)
Asociación de Padres de Niños Prematuros APREM (España)
Asociación para la Promoción e Investigación científica y cultural de la Lactancia Materna APILAM (España)
Asociación Red Manos Unidas (Argentina)
Centro de Investigación y Asistencia al Desarrollo CIAD (Argentina)
Consejo General de Colegios Oficiales de la Psicología de España (España)
Confederación Internacional de Matronas ICM (Internacional)
Confederación Salud Mental España (España)
Colegio Oficial de la Psicología de Castilla y León (España)
Colegio Oficial de la Psicología de la Comunidad Valenciana (España)
Colegio de Psicólogos de la Provincia de Buenos Aires Distrito X (Argentina)
EDAI Clinical Services I Training I Research (España)
Escuelas Infantiles Municipales de Pamplona (España)
Facultad de Psicología Universidad Nacional del Mar de Plata (Argentina)
Federació Salut Mental Comunitat Valenciana (España)
Fundación Manantial - Casa Verde (España)
Fundación Multifamilias (Argentina)
Fundación Salud Infantil de Elche (España)
Fundación Neonatológica para el Recién Nacido y su Familia FUNLARGUIA (Argentina)
Hospital Pediátrico Dr. Humberto Notti (Argentina)
Hospital Policial de Montevideo (Argentina)
Instituto de Estudios Psicosomáticos y Psicoterapia Médica IEPPM (España)
Instituto Universitario Colegios de Colombia UNICOC
Instituto Universitario de la Familia de la Universidad Pontificia de Comillas (España)
Instituto Uruguayo de Lactancia Materna (Uruguay)
Obra Social De Empleados Públicos OSEP (Argentina)
Universidad Católica Argentina (Argentina)
Red Internacional de Etnografía con Niñas, Niños y Jóvenes RIENN (Internacional)
Red Mexicana de Salud Mental Perinatal (México)
Red Uruguaya de Salud Mental Perinatal (Uruguay)
Seminario de Intervención y Políticas Sociales, SIPOSO (España)
Sección de Psicosomática de la Sociedad Española de Ginecología y Obstetricia SEGO (España)
Servicio Salud Mental del Hospital Materno Infantil "Héctor Quintana" (Jujuy, Argentina)
Sociedad Complejidad & Sufrimiento (Chile)
Sociedad Argentina de Investigación en Observación de Bebés SAIOBB (Argentina)
Sociedad Argentina de Primera Infancia SAPI (Argentina)
Sociedad de Estudios Psicosomáticos Iberoamericana SEPIA (España)
Universidad Católica Argentina (Argentina)
Universidad Nacional de San Luis (Argentina)
Universidad Nacional de Tucumán (Argentina)

THE NETWORK'S PURPOSE

To foster the connection between the institutions that care for perinatal, child and family mental health, together with user associations, to create a network of alliances via collaborative meetings, stimulating and accompanying the development and unique growth of each institution and region.

WHO CAN JOIN?

Foundations, federations, national, international, scientific, social, public and private nonprofit foundations, federations, associations and users in order to continuously foster true prioritisation of public policies related to the perinatal period and in particular its psychic and psychosocial aspects.

MEMBER OF:

Global Alliance for Maternal Mental Health

ASSOCIATED WITH:

Alliance Francophone pour la Santé Mentale Périnatale
Maternal Mental Health Alliance UK
Quebec Alliance for Perinatal Mental Health

INFORMATION

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